

SELF IMPROVEMENT TECHNIQUES

GSI Caller School



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In order to grow in any activity or profession, one must learn to evaluate one's performance and to honestly appraise one's capabilities.

Self Improvement is nothing more than correcting weaknesses and enhancing strengths.

Callers' schools and clinics are one way of improving your base of knowledge but are not the only way towards becoming a more proficient caller.

You will need to work hard to keep up with the changes in the activity and to improve your skills (and thus your marketability) in your chosen field of calling.

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1. CALLERLAB.org Ceder.net



2. Technical books on other aspects of calling such as sight calling, singing call techniques, mental image, etc.



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3. Membership in CALLERLAB / ACA and local caller associations is an excellent way for callers to keep abreast of the latest developments, share ideas and learn ways to improve and upgrade.
4. “Homework assignments” given by your Mentor or caller association. This could be a good exercise for your meetings. And play some games i.e., several callers taking turns giving command and identifying the FASR. Another is having one person give three commands, then each caller go directly to the ending spot without doing the moves.
5. Use the Call Analysis sheet.
6. Using checkers and diagramming to verify the workability of selected choreographic routines.
7. Visualize choreography in your head.



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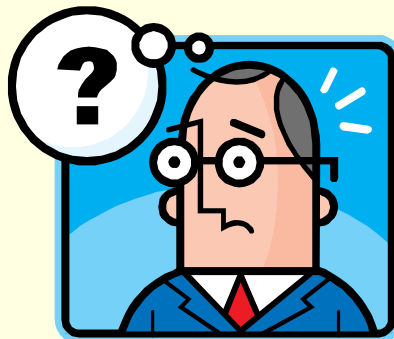
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8. Not until after your written and mental exercises have been completed in private, should a caller try his material on live dancers. And don't be surprised when the dancers do it well. That's what should happen if you prepared.
9. Record yourself. And dance to it. Video recording can be an extra help as it will also let you evaluate posture and stage habits.
10. Attend as many local square dance calling clinics as possible. You will never be good enough to stop learning.
11. Honest appraisal from your partner of your performance will help you focus on your needs. Listen to your partner. Your staunchest ally and is truly trying to help.

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QUESTIONS



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ANSWERS